



## CRAFT

### Activity

#### Suncatchers

Fred loves sun catchers! Make your own nature sun catcher using pressed flowers and leaves.

### Preparation

Flowers and leaves need to be pressed before making the sun catchers. For best results: press for 1-2 weeks using the plant press or heavy book method. For quickest results: place materials between two sheets of kitchen paper, place a heavy book on top, and press down for a few seconds.

### Materials required:

- Natural materials such as flowers, petals, and leaves
- A way to press your materials
- Laminator and laminating pouches or sticky back plastic
- Scissors
- Hole punch
- String or twine
- Lolly sticks (4 per sun catcher)
- PVA glue
- Coloured pens or paint

### Make our own examples

Start this activity outside by collecting flowers and leaves

You can then either press them first or just laminate them straight away.

Fred had some which were framed in lollypop sticks and some which were just laminated so be creative!

**Time required:** 1 hour